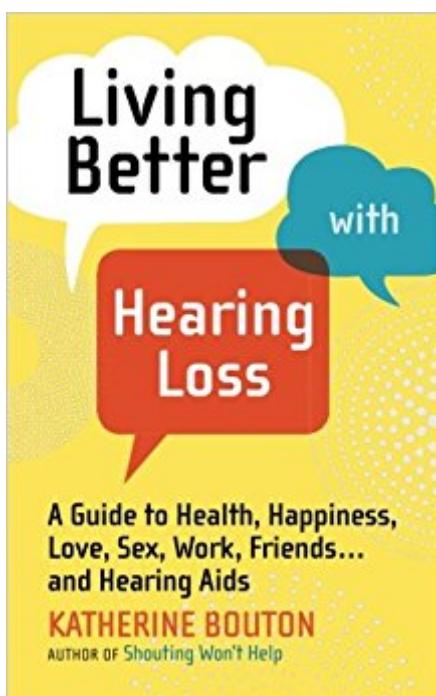


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# Living Better With Hearing Loss: A Guide To Health, Happiness, Love, Sex, Work, Friends . . . And Hearing Aids



## Synopsis

More than 48 million Americans suffer from hearing loss, and audiologists agree this is a national epidemic. **LIVING BETTER WITH HEARING LOSS** is a practical guide to daily life with hearing loss, covering topics from hearing tests and buying (and paying for) hearing aids, to deciding whether to get a cochlear implant, to navigating airports, job interviews, and first dates when you suffer from hearing loss. Useful and readable for the newly hearing-impaired, those who have been struggling for years, and their families. Author Katherine Bouton has also written *Shouting Won't Help*, a memoir of her adult-onset hearing loss

## Book Information

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## Customer Reviews

Educational and easy reading about dealing with and learning about hearing loss. By Sue on June 19, 2015 Format: Kindle Edition Verified Purchase A must for anyone wanting to get a better understand of hearing loss for themselves or others. Well written and informative. A great help in my goal in becoming an advocate/volunteer/mentor for those new to hearing devices..com review

"Living Better With Hearing Loss" is a practical guide to the social, technical and emotional issues that people with hearing loss may confront. As the subtitle says, the book is a comprehensive guide to the personal and social issues a person with hearing loss faces: family life, work, making and keeping friends, finding support groups -- and yes, dating and sex. A Chapter on hearing aids, on cochlear implants, on hearing devices like PSAP's (like a hearing aid, but cheaper), and on assistive devices go into detail about the technology and how to find what you need. Many experts

offered help and clarification on these chapters and I hope the result is a comprehensive and readable compendium of current technology.Â The last chapters express my personal feelings about the need to change the way we think about hearing loss, how we treat it, and the way we talk about it.Â I expect some readers may skip here and there in the book, searching for the specific information they're in need of. Others have already told me they read it cover to cover in one sitting. Either approach is fine with me.Â I hope the book helps people come to terms with their own loss or that of others, and to recognize the importance of acknowledging and treating loss. I also hope it serves as a cautionary tale: protect your hearing! By far the largest cause of hearing loss is exposure to noise. Protection is easy, cheap, and invisible.Â

Katherine Bouton follows up her bestselling book *Shouting Won't Help* with this insightful read about everything related to hearing loss. The book first caught my eye because I learned that the author had mentioned my blog [LipreadingMom.com](http://LipreadingMom.com). After reading throughout the afternoon, I found myself nodding and saying "I didn't know that" due to Bouton's well-researched and thought-provoking insight. Of course, my children had to tap my shoulder repeatedly to get my attention to look up from the book! The most interesting portion for me personally concerned if and how to disclose hearing loss to prospective employers. I am a proponent of disclosing such information to employers, and the book tackles this sensitive topic by presenting the author's personal experiences in the workforce along with others'. Also compelling were the statistics about hearing loss and how it relates to education, employment, and income. Again, the author approaches this topic with adequate research and kept her opinions quiet. The research spoke for itself. The latter part of the book discusses why few people use hearing devices or even disclose their hearing loss. The common theme was fear...fear of what employers would think or what friends or even strangers would say. The other disheartening part is most insurance companies and Medicare do not pay for hearing aids, yet these entities will pay for cochlear implants. Why should someone who is not a candidate for a cochlear implant but could benefit from hearing aids not have affordable access to them? That is where Bouton wisely touched upon advocacy efforts with organizations, such as the Hearing Loss Association of America, working to provide more affordable access to hearing assistive products and services. For someone who is new to hearing loss or has lived with it for a number of years, such as myself, *Living Better with Hearing Loss* is well worth a read.

Excellent resource. This easy-to-understand book covers a broad range of hearing topics. It will educate you enough to know how to demand better value in products and service. Also, a good tool

to better understand a friend's hearing loss. My conclusion is there are too many perceived choices on the market. Many brands by a few companies - the same inside. There are no sure and easy answers available. Much of the "magic" is the person who tests and fits the devices. Technology is advancing the level of help offered, but maybe not as fast as we'd like or need it to be. (Long-time user of BTE, molded-to-fit, and Lyric. After reading the book and doing more research, I bought two new BTE aids at Costco.)

Great book. Parts of it make you laugh out loud. Must read by people with hearing loss as well as others so they can have a better understanding of what we experience, what are needs are and how we cope with our loss.

A must for anyone wanting to get a better understand of hearing loss for themselves or others. Well written and informative. A great help in my goal in becoming an advocate/volunteer/mentor for those new to hearing devices.

Excellent book, written by an author who knows first hand what its like to live with hearing loss. I highly recommend it!

An excellent read for those with hearing loss and also family and friends of those with hearing loss. Good strategies both for the hearing impaired and family and friends of those with hearing loss.

Very informative and helpful in facilitating a discussion with our friends.

Love the information it contains. Great read

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